

NEWSLETTER

Empowering Learners for their future

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Relieving Principal: Jason Hurley

24th July, 2017

Term 3: Week 2

FROM THE PRINCIPAL

Today is 'Go Live' day, we have now officially launched our new software for managing school finance and student data. Thank you for being patient throughout the training and development process for both myself and Mrs Healy. A reminder to be prompt with all correspondence between the school and home, in particular absentee notes and any updates to your students details as this will help us effectively manage our new system.

Next week we will celebrate education week, please read the newsletter for more information about what will be happening next week.

Thank you to parents who have already had their parent teacher interviews, I enjoyed getting to meet with you to discuss your child's learning. A reminder to K-2 parents this Friday Miss Clarke will be available all day to meet with you. If you have not returned your interview note yet, please do so asap to ensure you are able to book a time.

Jason Hurley
Relieving Principal

EDUCATION WEEK CELEBRATION

I LEARN, WE LEARN

On Friday 4th August we will officially celebrate Education Week. On this day we will have displays in the library, an afternoon assembly and a variety of interest group activities throughout the middle of the day.

Keeping in the spirit of **I LEARN, WE LEARN**, we would like to welcome parents and community members to do their own presentations for our students. Depending on the amount of volunteers we have these activities will be held during the middle session of the day on a 30minute rotation with small groups of children.

If you have a skill or talent that you could share with the students for 4 x 30minutes rotations in the form of an activity we would like to welcome you on this day to teach this skill or talent to our students.

If you think this is you, please contact the school by Friday 29th July so we can timetable you in for the day.

Infant's 100 Day Celebration



On Thursday the 27th July
K/1/2 will celebrate reaching 100
days of school for 2017.

**THERE WILL BE A JELLYBEAN GUESSING
COMPETITION.**

***NOTE IT WILL NOT HAVE 100
JELLYBEANS IN IT!**



The party will be held during the middle session and the rest of the day will follow as normal.

We will be watching a film together. If your child has a movie they would like to bring in please make sure their name is on it.



It would be great if each student could bring a plate of food/snacks/treats for our class to share. Keeping in mind the 100 day theme.

Don't forget we are a nut free school.



K/1/2

Term 3 News Topics

Week 1: Free News

Week 2: If I could live anywhere...

Week 3: Family is important because...

Week 4: If I was a giant I would...

Week 5: If I had a rocket I would travel to...

Week 6: Friends are important because...

Week 7: If I was invisible I would...

Week 8: If I had all the money in the world I would...

Week 9: Next year I want to learn about...

Week 10: Free news

Monday: Isla, Henry, Darby

Tuesday: Stevie, Isabel, Laci

Wednesday: Broden, Ellie, Macey

Canteen Roster

TERM THREE

21st July Sarah Anderson

28th July Candice Davey

4th Aug Simone Hall

11th Aug Bre Mayall

18th Aug Sam Bell

25th Aug Narelle Cattle

1st Sept Sheryll Caldw

8th Sept Natalie McCarten

15th Sept Georgie Luelf

22nd Sept Louise Sinca

A Quick Bite ...

Eight (8) food swaps you can make today

If you want to make some changes to your family's eating you could start swapping some of the common occasional foods for healthy everyday foods. Swap foods like:

- White bread, muffins, crumpets, and pasta for *wholemeal varieties*
- Soft drink or cordial for water. Try fruit pieces added in for extra flavor.
- Sour cream for reduced fat *greek yoghurt*.
- Sugary cereals for *porridge with banana and dates*.
- Biscuits or cakes for *fruit bread or wholemeal crumpets and pikelets*
- Packet of chips for *popcorn or rice crackers*
- Fruit roll ups for *dried fruit (30g)*
- Pre-packaged fruit yoghurt for *plain yoghurt with fresh, tinned or frozen fruit*.



For more information visit

www.mlhd.health.nsw.gov.au/services/health-promotion-1

Live Life Well
@ School



Health
Murrumbidgee
Local Health District



A Quick Bite ...

Feel more energised with these everyday foods

"Everyday foods" include lots of tasty and nutritious foods. They help our bodies to function the way they should.

There is lots of evidence about how good are everyday foods and the harm of too many occasional foods. Your day to day eating should be made up of everyday foods. These include:

- A variety of **vegetables**. Aim for 5 servings.
- **Cereal foods** - choose mostly wholegrain or high fibre.
- **Fruit** - fresh, frozen, tinned or dried (small amounts)
- **Meat and alternatives to meat** like eggs, tofu, legumes, nuts and seeds.
- **Dairy foods** - choose mostly reduced fat.



For portion sizes and food ideas visit

www.eatforhealth.gov.au/food-essentials/how-much-do-we-need-each-day

For more information visit

www.mlhd.health.nsw.gov.au/services/health-promotion-1



Live Life Well
@ School



Health
Murrumbidgee
Local Health District



Term 3 Calendar

| Week | Monday | Tuesday | Wednesday | Thursday | Friday |
|------------------------|-------------------------|---------|---|--------------------------------------|---------------------------|
| Two | 24 | 25 | 26 | 27 Infants 100 Day Celebration | 28 |
| Three | 31 Education Week | 1 | 2 | 3 | 4 Open Day Assembly |
| Four | 7 | 8 | 9 | 10 Zone Athletics | 11 |
| Five | 14 Book Fair | 15 | 16 | 17 | 18 |
| Six | 21 | 22 | 23 | 24 | 25 Assembly |
| Seven | 28 | 29 | 30 Math Day  | 31 | 1 |
| Eight | 4 | 5 | 6 | 7 | 8 |
| ← Year 3-6 Excursion → | | | | | |
| Nine | 11 | 12 | 13 School photos  | 14 | 15 |
| Ten | 18 | 19 | 20 | 21 | 22 Assembly |

Did you know the school has it's own website? Go to
www.weethalle-p.schools.nsw.edu.au
 to see more photos, newsletters and much more



Variety Heart Scholarships are now open!

Variety provides Scholarships to children with an existing talent living with disabilities, chronic illness, geographic isolation and/or financial hardship, to achieve their full potential and to follow their dreams. Scholarships are awarded up to the value of \$5K in areas of Education, Sports and the Arts.

Eligibility

- ♥ Be Australian Citizens or Permanent Residents
- ♥ Live in NSW or ACT
- ♥ Aged between 6 to 18 years
- ♥ Demonstrate an existing talent in one of these areas; The Arts, Sport or Education

How to apply?

- ♥ Apply on our website - variety.org.au/nsw before 27th August 2017

For more info - please get in touch by emailing grants@varietynsw.org.au or call 02 9819 1000



The Athlete's Foot SCHOOL REWARDS PROGRAM

A PROUD SUPPORTER OF
WEETHALLE PUBLIC SCHOOL

\$5 IS DONATED BACK TO YOUR SCHOOL

FROM EVERY PAIR OF SHOES PURCHASED*

The School Rewards Program is a great fundraising opportunity with \$5 from every pair of shoes purchased being donated back to your school.

This applies to the whole family across our fantastic range of school, sports, work and casual shoes.

Ask one of our friendly staff in store for more details!

*See theathletesfoot.com.au/school-rewards for more details



GRIFFITH Ph: (02) 6964 2231

Weethalle Cordially
invites you to...

Black & White
Spring Ball

September
Saturday 9th 2017

Weethalle Hall Railway Road

BLACK & WHITE EVENING ATTIRE
Two course dinner, Byo Alcohol & Live Music By
Crackerjack

Doors open 6:30pm - Late

Tickets \$70 per person

18 YEARS & OVER WELCOME

all proceeds support local community organisations

To reserve a ticket please contact

Jo Foster by 26th August

0415 563 226 / jofees28@hotmail.com

No tickets sold on the night

Centre pieces supplied by Ardlee Outback

EVENTS WEST WYALONG / PALS OF THE PEN 2017 INAUGURAL WRITING COMPETITION

Part of the 'Aussie-Fest In The West' Festival 27th – 29th October
Keep regularly updated on the 'In The West', Wyalong Museum
& Bland Shire websites or Facebook pages
<http://www.inthewest.com.au/>

Entries to: *'Events WW Writing Competition'*
via post: c/ Cameo Inn West Wyalong NSW 2671
email to: gail@cameoinn.com.au

- Entries must focus on one or more aspects of Australian Country life past, present or looking into the future
- \$5 per entry / multiple entries welcome
- Entry Deadline - 29th September 2017
- Entries may be in any form, prose or verse, fiction or non-fiction
- Prizes will be awarded for both prose or verse in these categories:
Open / Primary (5-9) / Middle School (10-14) / High School (15-18)

**AUSSIE-FEST IN
THE WEST
WYALONG NSW
27-29 OCTOBER
2017**

See Entry Forms / Conditions & Prize Details
online or at these Bland Shire NSW locations

Bland Shire Library / WW Advocate / WW Newsagency
Wyalong Museum / Weethalle Whistlestop Museum
and at Shire Motels & Caravan Parks Post Offices & Schools

'Pals of The Pen' will also be publishing a book of original stories and verse about Aussie Country Life after this year's Festival.
If you have ideas, stories or poems to share for this please contact us.



P.O BOX 12, WEST WYALONG
ABN 63523280487

AUSSIE FEST IN THE WEST

G'Day and Crikey Mate Aussie Fest in the West
is the theme this year for the in the West Festival
and its on the 27th-29th October 2017.

This year for the float parade we want to celebrate
everything Australia our past and our present
and to get you all in the swing of things
we are offering \$500 for the best school float
(walking or in vehicle) bonza eh!!

Also we are having a Billycart Derby
down the main street (non motorised)
ah remember the days when you went rolling
down the hill and you couldn't stop,
out came your feet, Crikeys!!!!

TROPHY for the best ORIGINAL looking Billycart

“Fair dinkum mate”

**Gail Platz (Float Co-ordinator) For all inquiries
please ring me on 0421121214**