

# Weethalle Public School



## NEWSLETTER

*Empowering Learners for their future*

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Relieving Principal: Jason Hurley

18th June 2018

Term 2: Week 8

### FROM THE PRINCIPAL

A big congratulation to Molly on her achievements last week at the Cross Country in Gundagai. Molly came 7th out of 45 on the day, which puts her as the 7th fastest 12yr old girl in the Riverina Region.

A reminder to parents we still have two sporting events coming up before we complete the term. Next Thursday we will hold our School Athletics Carnival and the following Wednesday students will compete in our combined Small Schools carnival in Griffith. A big thank you to

Sheryll Caldow who has agreed to come in to school this week to give some students some skills training in the lead up to these carnivals.

This Friday we will celebrate the fantastic behaviour of our students this term with a Craft Day. We welcome parents to send in recyclable items from home that can be used in the creation of art and craft programs.

Jason Hurley  
Relieving Principal



**22nd June**  
Craft Day

**26th June**  
School Athletics  
Carnival

**4th July**  
Small Schools  
Athletics Carnival

**6th July**  
Assembly  
& Last Day Term 2



**WOW**  
**Well**  
**Done**  
**Molly!!**

Imagine  
With all  
your mind.  
Believe  
With all  
your heart.  
Achieve  
With all  
your might.

# K,1,2 Class

Monday	Darby, Emma, Stevie
Tuesday	Broden, Quin, Macey
Wednesday	Ellie, Isabelle, Isla
8	Magic Wand: You have found a magic wand! What would you do with it?
10	Toy from Home: Describe the toy and what it is made from. Identify the moving parts of the toy.



## CYBER SAFETY Workshop for Parents

With  
**SUSAN McLEAN**

Australia's leading cyber  
safety expert an best-selling  
author

(as seen on 60 Minutes, Sunrise and  
Today Tonight)



Learn and understand the ever changing online  
world and tips to keep your children cyber safe

**Thursday 21 June**

**6.30pm at West Wyalong Bowling Club**

Susan is a sought after presenter and advisor to Schools and state  
education departments, elite sporting bodies such as the AFL and  
Cricket Australia and is a member of the Australian Government's  
Cybersafety working group



A FREE Bland Shire Council  
community safety initiative no  
parent can afford to miss!  
For enquiries phone 6972 2266

BLAND SHIRE COUNCIL  
west wyalong

OFFICE OF SPORT

## SCHOOL HOLIDAY PROGRAMS

- ☒ New friendships
- ☒ Great value
- ☒ Fun
- ☒ Safe

Have an active holiday adventure at one of our exciting residential  
camps these winter school holidays!



### BOOKINGS NOW OPEN!

For the best holiday fun, our popular residential  
camps get kids and teens outdoors, learning new  
skills and making new friends. Our residential  
programs include:

- 24 hour supervision
- Instructor led activities
- Accommodation
- Meals
- Supervised transport (where applicable)

### Residential programs for winter 2018

#### For kids:

- Adventurer (Broken Bay, Milson Island and Myuna Bay)

#### For teens:

- Adventurer (Broken Bay)

Check out our website for a range of day  
programs in your local area.

**DON'T MISS OUT  
BOOK NOW BEFORE PLACES FILL**

For further information phone the Office of Sport  
on 13 13 02 or book online at

[sportandrecreation.nsw.gov.au/schoolholidays](http://sportandrecreation.nsw.gov.au/schoolholidays)





# School Lunch Box Ideas

**G**ood eating habits begin in childhood. For children to keep up their energy levels and get through a hectic day at school, they need to eat a variety of foods. This pamphlet provides simple, tasty and nutritious ideas to include in your child's school lunch box. The lunch box ideas below consist of a snack, lunch and drink combination. Use the ideas provided in this pamphlet or make up your own. Try to include fruit and reduced fat milk, or another reduced fat dairy product, in the lunch box every day.

- *Snack* pikelets with margarine spread and jam  
*Lunch* reduced fat cheese and chutney sandwich, with fruit in season and water
- *Snack* half a corn on the cob (pre-cooked and wrapped)  
*Lunch* ham, mustard and tomato sandwich, with fruit in season and water
- *Snack* small tub reduced fat yoghurt (plain or fruit)  
*Lunch* tuna, lettuce and avocado in a wholegrain roll, with fruit in season and water
- *Snack* small can or tub of fruit  
*Lunch* chicken and lettuce rolled up in Lebanese bread, with fruit in season and plain, reduced fat milk in a thermos (to keep it cold)
- *Snack* vegie sticks (e.g. carrot, capsicum) with a small tub of salsa dip  
*Lunch* peanut butter sandwich, with fruit in season, small tub reduced fat yoghurt (plain or fruit) and water
- *Snack* fruit loaf with margarine spread  
*Lunch* rye bread sandwich using lean meat (choose sandwich meats with the Heart Foundation's Tick of approval), with small tub of carrot sticks, celery sticks, and cherry tomatoes and water
- *Snack* plain, fruit-based muesli bar  
*Lunch* homemade pizza (make your own pizzas the night before with Lebanese bread, tomato paste, vegies and reduced fat cheese. They taste great cold the next day!), with fruit in season and water
- *Snack* plain or fruit scone with margarine spread and jam  
*Lunch* egg and lettuce sandwich, with fruit in season and water
- *Snack* banana, ricotta and sultanas wrapped in wholemeal lavash bread  
*Lunch* kidney beans (mashed), tomato, spinach leaves and avocado in a wholegrain bun, with fruit in season and water
- *Snack* reduced fat cheese stick or triangle and sultanas  
*Lunch* chicken or turkey, celery and lettuce sandwich, with fruit in season and water
- *Snack* small tub of yoghurt (plain or fruit)  
*Lunch* vegetable soup in a thermos served with a bread roll spread using margarine, with fruit in season and water



# GANMAIN PIE DRIVE ORDER FORM 2018    Weethalle School P&C

Order & Money Due 6<sup>th</sup> July    Delivery Date 27<sup>th</sup> July

Customer Name:	Qty	Total \$
Family Pie Plain   \$14.50		
Family Pie Steak & Onion   \$14.50		
Family Pie Steak & Mushroom   \$14.50		
Family Pie Chicken & Veg   \$14.50		
Family Pie Apple   \$14.50		
Ganmain Pies   per dozen \$39.00		
Sausage rolls   per dozen \$30.00		
Lamingtons   per dozen \$19.00		
Please send order and money into the school by 6 <sup>th</sup> July. Chq's payable to P&C		
Total		